

ABOUT US

CTSPS, Inc. also offers evaluation and treatment of patients of all ages for conditions such as:

- › Articulation
- › Swallowing
- › Tongue thrust
- › Fluency/stuttering
- › Voice
- › Language
- › Cognitive deficits
- › Specific learning disabilities
- › VCD (Vocal Cord Dysfunction)

INSURANCE

CTSPS, Inc. is a participating provider for the following insurance networks:

- › Aetna
- › BCBS
- › United
- › Humana
- › Seton and Seton CHIP
- › Medicare
- › Medicaid

We can also file out of network claims for other insurance companies and offer multiple payment options for treatment not covered by insurance.

To obtain more information about our services, please contact our office at 512.327.6179.

Office Locations:



South Office:
Bee Caves Road at Mopac
2525 Wallingwood Drive, Building 2
Austin, Texas 78746



North Office:
Highway 183 at Loop 360
8500 Bluffstone Cove
Building B, Suite 105
Austin, Texas 78759

Central Texas Speech Pathology Services, Inc.

Feeding Disorders



*Speech Pathology is our business,
our ONLY business!*

Phone 512.327.6179 | Fax 512.327.1545
centraltexaspeech.com

What Are Feeding Disorders?

Feeding disorders in children refer to difficulty gathering and manipulating food or liquid for sucking, chewing, or swallowing. Individuals with a feeding disorder may experience difficulty chewing, refusal of food or liquid, excessive drooling, or less than normal weight gain. Feeding disorders can affect one's ability to maintain adequate nutritional intake while safely consuming food or liquids.

Symptoms Associated With Feeding Disorders

- › Aversion to a variety of tastes, temperatures, or textures
- › Coughing or gagging during meal times
- › Difficulty coordinating feeding and breathing
- › Difficulty controlling food and/or saliva in the mouth
- › Recurrent pneumonia or respiratory infections
- › Consistent irritability during or after feeding
- › Inadequate intake of food/liquid
- › Falling behind developmental growth norms

Possible Contributing Factors

- › Prematurity, low birth weight
- › Gastrointestinal difficulties/reflux
- › Cleft lip and/or palate
- › Autism
- › Muscle Weakness of face/neck muscles
- › Difficulty with parent-child interactions at meal times
- › Food allergies

More About Feeding

Meal times can become emotionally charged events for children and their parents and can ultimately affect the parent-child dynamic. Speech pathologists work to create goals to improve children's feeding skills while keeping the needs of the whole family in mind.

What Can Be Done?

Health care providers may refer individuals to see a speech pathologist. Speech pathologists can facilitate increased feeding skills to help alleviate symptoms and improve overall feeding safety and effectiveness. They may also coordinate with other healthcare providers such as ENTs, GIs, nutritionists, and other specialists to ensure the highest level of care. Therapy might emphasize:

- › Direct feeding trials designed to address/reduce specific taste/texture aversions
- › Taste, temperature, and texture recommendations
- › Increasing strength and coordination of the muscles of the mouth
- › Improving chewing and sucking/drinking skills
- › Caregiver training

